Think of a recent problem you recently encountered. A problem that might have had a significant impact on you and your team:

Did you jump into problem-solving mode for the team? Or, did you support the team in finding the best way to solve the problem? What made your choice seem appropriate?

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Did you tell the team the *best* way to work? Or, did you help the team find their best way? What impact did this have on the team?

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Did you take on some of the work yourself? Or, did you find ways to support the team by making room for them to focus on the tasks? What impact did you have on the team?

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How often do you say "I don't know," or ask "I need your help."? What happened as a result of your request for help?

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